

Course Overview

Mental health Nursing

Course code :	NMT406
Course title:	Concepts in Nursing
Level/semester:	Forth Semester
Credit hours:4	Theoretical: 2
	Practical: 2

تعريف موجز بالمقرر: تعريف الطلبة بطبيعة مهنة التمريض وتاريخها وأدوار التمريض ذات العلاقة بالمهنة . و تزويدهم بالمعلومات الأساسية والإتجاهات الإيجابية عند تقديم الرعاية التمريضية للمرضى وعائلاتهم . تتمحور المفاهيم الأساسية حول مفهوم الصحة ، مهنة التمريض ونظرياتها، والعملية التمريضية .و يهيئ الطالب لاستخدام مهارات الإتصال وطرق التعامل مع الآخرين ليكون عضواً فاعلاً ضمن الفريق الصحي ، و استخدام أسلوب التفكير الإبداعي والقدرة على اتخاذ القرار كمرشد للطلاب للوصول إلى مهارات تمريضية مهنية آمنة وذات كفاءة عالية .

Goal: To explain the role concepts and boundaries of professional nursing and provide a foundation for the development of professional, physiological, sociological and psychological concepts.

General Objectives

On completion of this module students should be able to:

<i>1</i>	<i>Demonstrate an awareness of their own concept of nursing and compare this to public opinion</i>
<i>2</i>	<i>Describe the gross structure and function of the body including cell structure and function</i>
<i>3</i>	<i>State core ethical and legal principles and discuss their application to the context of nursing practice</i>
<i>4</i>	<i>Describe the concept and principle mechanisms of homeostasis, including threats to homeostasis</i>
<i>5</i>	<i>Demonstrate an understanding of the sociological underpinnings of nursing</i>
<i>6</i>	<i>Describe the primary processes by which physiological systems within the body communicate with each other</i>
<i>7</i>	<i>Describe core concepts from Microbiology and Parasitology</i>
<i>8</i>	<i>Demonstrate an understanding of the psychological underpinning of nursing</i>
<i>9</i>	<i>Explain the concepts of the nursing process</i>
<i>10</i>	<i>Explore a range of nursing models</i>

	Theoretical Contact			Practical Contact		
Week	General Objective:1: <i>Demonstrate an awareness of their own concept of nursing and compare this to public opinion</i>					
	Learning Outcomes	Teacher activities	Resources	Learning Outcomes	Teacher activities	Resources
1	<p><i>Identify role definitions of nursing and role boundaries</i></p> <p><i>Discuss the place of nursing within the health care system and society</i></p>	<p><i>Explain, illustrate, and explore these concepts through discussion</i></p> <p><i>To include:</i></p> <p><i>Unique characteristics of nursing</i></p> <p><i>Internal Council of Nursing and World Health Organisation definitions and codes</i></p> <p><i>Role boundaries and interrelationships with other health care professionals and doctors</i></p>	<p><i>Student handouts, Boards, over head projector etc.</i></p>	<p><i>Concretise own conceptualisation of nursing and its role boundaries</i></p>	<p><i>Small group work – students compare their own motivation for joining the profession and their understanding of the nurses role and function</i></p>	<p><i>Breakout rooms to allow small group discussion</i></p>

Week	General Objective:2: Describe the gross structure and function of the body including cell structure and function					
2-3	<i>Describe the gross structure and function of the body including cell structure and function.</i>	<i>Describe and explain basic structure and function of the body</i>	<i>Student handouts , slide projector , Video/film Anatomical models Skeleton</i>	<i>Identify organ structure, position and location. Identify tissue types, cell structure and contents</i>	<i>Use of models and slides which students identify in relation to name structure and function</i>	<i>Torso models , including organs, specimens and slides as appropriate</i>

Week	General Objective: 3 : State core ethical and legal principles and discuss their application to the context of nursing practice					
4	<i>Explore the concepts of personhood and autonomy, beneficence and non- maleficence within the context of health care Identify the legal context of nursing practice</i>	<i>Describe, illustrate and discuss these concepts in relation to patient engagement</i>	<i>Student handout material, boards overhead projector, slide projector</i>	<i>To apply ethical and legal concepts to the context of care e.g. duty of care , confidentiality, false imprisonment, assault and battery</i>	<i>Group discussion applied to examples of practice - day to day ethical dilemmas</i>	<i>Illustrative case studies from practice</i>

Week	<i>General Objective:4: Describe the concept and principle mechanisms of homeostasis, including threats to homeostasis</i>					
5-6	<i>Explain the overarching concept of homeostasis and the principal mechanisms by which it is achieved</i>	<i>Describe and explain this concept and subservient processes</i>	<i>As above</i>	<i>Apply theoretical concepts of homeostasis to specific physiological adjustments</i>	<i>Guided discussion and physical exercises to illustrate principles</i>	

Week	<i>General Objective 5: Demonstrate an understanding of the sociological underpinnings of nursing</i>					
7	<i>Explore the social constructs which inform the focus and priorities of health care delivery and health expectations including functional perspectives of societal development</i>	<i>Explain, explore, discuss and illustrate these concepts with reference to specific priorities in health care delivery</i>	<i>As above</i>	<i>Concretise understanding of sociological impact upon priorities in health care and health care system provision</i>	<i>Visit to a clinical area to identify sociological evidence of the delivery system and priorities of care</i>	<i>Access to appropriate clinical areas and supervision</i>

Week	<i>General Objective: 6: Describe the primary processes by which physiological systems within the body communicate with each other</i>					
8	<i>Explore the primary physiological communication processes including nervous, lymphatic and chemical manager systems</i>	<i>Describe , illustrate and discuss these systems as an overall process</i>	<i>As above</i>	<i>To concretize understanding of core concepts of physiological communication</i>	<i>Focused illustrative exercises – e.g. a human transport simulation game</i>	

Week	General Objective: 7: Describe core concepts from Microbiology and Parasitology					
9	<p><i>Describe the primary classification and morphology of micro-organisms</i></p> <p><i>List the principal transmission routes of micro-organisms and related hygiene principles</i></p>	<p><i>Explain, illustrate and identify micro-organisms and related principles within the context of nursing practice</i></p>	<p><i>Prepared slides, slide projector, student handout,</i></p> <p><i>Video and film</i></p>	<p><i>Identify core principles and rationale for maintenance of a high standard of hygiene and antisepsis.</i></p> <p><i>Assist with meeting patient's hygiene needs</i></p> <p><i>Identify clinical processes to prevent cross- infection</i></p>	<p><i>Visit to clinical area; assist in meeting the hygiene needs of patient.</i></p> <p><i>Identify procedures and processes used to prevent cross- infection</i></p>	<p><i>Access to appropriate clinical areas and supervision</i></p>

Week	General Objective: 7					
10	<p><i>Describe the primary classification and morphology of parasites.</i></p> <p><i>Identify principles of prevention of infestation</i></p>	<p><i>As above</i></p>	<p><i>Prepared slides, student handouts, Video and film, preserved specimens</i></p>	<p><i>Demonstrate an understanding of the safe preparation of foods and equipment in the prevention of infestation</i></p>	<p><i>Hospital visit to identify procedures and processes used in the prevention of infestation including food preparation areas</i></p>	<p><i>Access to appropriate clinical areas and supervision</i></p>

Week	General Objective:8: <i>Demonstrate an understanding of the psychological underpinning of nursing</i>					
11	<p><i>Identify and describe theories of psychological development.</i></p> <p><i>Identify the pre-requisites for psychological health , intra-personal and interpersonal perception</i></p>	<p><i>Explain and explore concepts in relation to human development</i></p>	<p><i>Student handouts</i></p> <p><i>Video and film</i></p> <p><i>White boards</i></p> <p><i>Data projection facilities</i></p>	<p><i>Identify sources of support for self, informing and maintaining self-concept and self-esteem. Identify processes to show respect and valuing to patients</i></p>	<p><i>Small group discussion</i></p>	<p><i>Break out rooms as necessary to allow group discussion</i></p>

Week	General Objective:8					
12	<p><i>Discuss core psychological needs (Mazlow's hierarchy of needs)</i></p> <p><i>Identify the relevance of self awareness and personal responsibility to nursing practice</i></p>	<p><i>Describe, explain, discuss and illustrate the concepts in relation to the context of patient care</i></p>	<p><i>As above</i></p>	<p><i>Identify core factors informing self awareness and self concept</i></p> <p><i>Describe factors which contribute to the maintenance of self esteem</i></p>	<p><i>Small group work (onion skin)</i></p> <p><i>Disclosure exercises to inform self awareness and personal boundary perception</i></p>	<p><i>Break out rooms as necessary to allow group discussion</i></p>

Week	General Objective9: Explain the concepts of the nursing process					
13	<i>Explore concepts of non verbal and para verbal communication</i>	<i>Explain and illustrate core principles in relation to interpersonal perception</i>	<i>Student handouts OHPs, etc White boards</i>	<i>Identify the function and range of non-verbal communication Explore the impact of body posture upon the perception of others</i>	<i>Small group work to identify the emotional content of non-verbal behavior and core elements in this lexicon</i>	<i>Break out rooms as necessary to allow group discussion</i>

Week	General Objective:					
14-15	<i>Explore the systematic approach to care delivery through Assessment, Planning, Implementation and Evaluation in relation to nursing care delivery</i>	<i>Explain explore, discuss and illustrate concepts in the context of nursing practice</i>	<i>As above And examples of assessment tools used in current practice</i>	<i>Identify criteria for assessment, their relationship to planning, the identified goals of care and criteria for evaluation.</i>	<i>Hospital unit to scrutinise nursing care plans in relation to the nursing process.</i>	<i>Access to appropriate clinical areas and supervision</i>

Week	<i>General Objective10: Explore a range of nursing models</i>					
16	<i>Describe the use of nursing models and explain a range of differing models (e.g. Orem, Roy, Roper)</i>	<i>Explain, discuss and illustrate concepts in relation to care planning and the concept of need</i>	<i>As above</i>	<i>Apply a nursing model to the assessment of an individual patient's needs.</i>	<i>Hospital visit to assess patient needs using different model frameworks</i>	<i>Access to appropriate clinical areas and supervision</i>

ASSESSMENT CRITERIA			
Coursework	Course test	Practical	Other (Examination/project/portfolio) %
<p>70%</p> <p><i>Write a 2000 word essay addressing either the role and role boundaries of the nurse in Libyan health care delivery, past, present and future</i></p> <p><i>Or</i></p> <p><i>The ethical and legal context of nursing with Libyan health care practice</i></p>		<p>30%</p> <p><i>Write an assessment of the needs of one patient from practice (1000 words)</i></p>	

